

Take this Kong and Stuff It



What is a Kong?

Kong Dog Toys are widely used and recommended for therapy and prevention of under-stimulation, boredom, separation anxiety and other behavior problems. Kongs can be filled with a variety of yummys for your dog to retrieve. However retrieving treats from a Kong is "work" and will keep your dog occupied for quite some time.

Things to keep in mind...

- It's a great way to give your dog their meal instead of using a bowl.
- It is important for dogs to succeed at their "work". The level of difficulty should be related to your dogs' experience. One thing to ask yourself - does your dog persevere or give up easily?
- If your dog is unfamiliar with a Kong, start with an easy stuffing, where the goodies are loose and will fall out easily.
- As they become more experienced, you may want to make their job more challenging by packing the goodies tightly. You can also hide the Kong around the house or wrap in a cloth diaper or sock.
- You can also smear baby food, peanut butter, squeeze cheese, cream cheese.
- Remember to clean your Kongs with a bottlebrush and nightly in the dishwasher.

Recipes

FREEZE IT! Very Popular! Try various combinations of canned food, gravy, noodles, rice and mashed potatoes mixed with food nuggets and freeze.

KONGSICLES are a favorite with many hot dogs! Put a dab of peanut butter in the small end of the Kong to plug it. Turn it upside down in a cup. Fill it full of water, chicken broth or fruit juice and freeze. Cool doggies! Kongsicles are recommended for outdoor use.

CHEESE IT! Mix cheese pieces or cheese spread with food nuggets and microwave until cheese melts. Let it cool to a safe temperature. NOTE - Use a cup to contain the Kong when freezing or microwaving.

BANANA RAMA: 1 fresh banana · 2 tbs wheat germ · 1 tbs plain yogurt (can use your pet's favorite flavor as well). In a bowl, mash up banana. Then, add wheat germ and yogurt. Mash all ingredients together and use spoon to add to Kong. Freeze for 4 hours. Makes 1 serving for Medium Kong. Double for every Kong Size that is bigger.

PHILLY STEAK: steak scraps · 1 ounce cream cheese
Place small scraps of the steak inside Kong toy. Spread cream cheese in large hole to hold scraps.

VEGGIE KONG OMELETTE: 1 egg · your choice of shredded cheese · any vegetables that your pet may like · appropriate Kong Toy Scramble egg and fold in vegetables. Put into Kong toy. Sprinkle some cheese over the top and microwave for about 20 seconds. Cool thoroughly before giving to dog.

THREE LAYER KONG

Layer 1 (deepest) cashews, cheese chunks, freeze dried liver

Layer 2-dog kibble, dog cookies, cheerios, dried banana chips

Layer 3 carrots, apples, left over ravioli, turkey, ham Pack as tightly as possible.

